

WEEK 1 ACADEMY ONLY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	LENTIL	VEGETABLE	TOMATO & LENTIL	CHICKEN NOODLE	LENTIL
MAIN MEAL 1	MINCE & BABY JACKETS (cabbage)	MACARONI With garlic bread	CHICKEN CURRY & BROWN RICE (sweetcorn)	SAUSAGES & BABY JACKETS (mixed veg)	FISH & CHIPS (peas & coleslaw)
MAIN MEAL 2	CHICKEN CHOW MEIN Or CALZONE PIZZA	QUORN GOUJON WRAP (seasonal salad & broccoli)	MEATBALL SUB ROLL (wedges & seasonal salad)	CHICKEN ZINGER BURGER (wedges & seasonal salad) CHEESE OMELETTE	CAJUN PASTA/WEDGES (seasonal salad)
PIZZA/BURGER OPTION	CHICKEN BURGER/PIZZINI/ PANINI	CURRY WRAP/BEEF BURGER/ PANINI	QUORN BURGER/ CHICKEN GOUJON WRAP/PANINI	PIZZA/BEEF BURGER/PANINI	CHICKEN BURGER/ CURRY POT/PIZZINI/ PANINI
SANDWICHES	CHICKEN OR CHEESE SAVOURY	EGG MAYONNAISE OR TUNA SALAD	CHEESE OR TUNA MAYONNAISE	EGG MAYONNAISE OR CHICKEN	TUNA MAYONNAISE OR CHEESE
BAGUETTE OPTION WRAP OPTION	TUNA MAYONNAISE QUORN GOUJON	CHEESE & PICKLE SPICY CHICKEN	CHICKEN SALAD CHICKEN CURRY	CHEESE & ONION SWEET CHILLI CHICKEN	CHICKEN & TOMATO CAJUN CHICKEN
BAKED POTATO OPTION	JACKET POTATO & CHEESE (seasonal salad)	JACKET POTATO & BAKED BEANS	JACKET POTATO & COLESLAW (seasonal salad)	JACKET POTATO & CHEESE	JACKET POTATO & BEANS (seasonal salad)
IRVINE ROYAL ACADEMY SWEET	APPLE SPONGE & CUSTARD	CARAMEL PEAR FLAN & CUSTARD	FRUIT CRUMBLE & CUSTARD	VANILLA SPONGE FRUIT & CUSTARD	CARROT CAKE