





## **Extra-curricular Sports Timetable**

Day	Breakfast	Lunchtime	After School
	Fitness- All	Football- S1-S2 Jacks Hall (Mr Walker)	
Monday	ages	Fitness- All ages- Fitness Suite (Miss	
	8.15am (Miss	Howie & Sports Leaders)	
	Howie)	Netball- All ages (Mrs Cains)	
Tuesday		Badminton- All ages Jacks Hall (Sports	Football- S3 team training (Mr Hill)
		leaders)	Darts- Room 213 (Mr McNiff)
			- Alternate weeks- S4-S6 & S1-S3
Wednesday		Rugby/Fitness (Ms Pesci)	Running/Walking (Beginners) All ages (Mrs Gibson & Mr Sands)
			Football- S1 team training (Mr Walker)
		Football- S3-S4 Jacks Hall (Mr Walker)	
剪		Fitness- All ages- Fitness Suite (Mr	Dance- All ages- Munro Hall (Mrs Cains & sports leaders)
Thursday		Couper)	A CONTRACTOR OF THE CONTRACTOR
		Basketball- Seniors- Jacks Hall (Mr	/ ·
		Farrow)	
		Table Tennis- All ages (Sports leaders)	
		Basketball- S1 Jacks Hall (Mr Couper)	
Friday	111		
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