Physical Education Senior Phase Progression Pathway

#holieveinhotter **Physical Factor Mental Factor** Learn how physical fitness, skills Learn about how motivation, and tactics can impact your concentration and decision **National 4** performance. **S3 Elective Physical Education Physical** making can impact **Education** performance. **National 5** Sport & **Recreation National 5 Higher Physical Physical Education Education X**SQA ВВС **BITESIZE** CLICK HERE CLICK HERE -Can continue with college, **Advanced** univeristy or employment within **Higher Physical** the Leisure sector **Education DYW** - further Level 5 Level 5 **NPA Level 5** opportunities within Wellebeing Leadership **Team Games Physical Education** CLICK HERE * **NPA Level 6** Level 6 **Sports Leadership** Development **Emotional Factor Social Factor** Learn how team dynamics, Learn how anger, sadness, fear, IRVINE ROYAL ACADEMY communication, leadership and confidence and happiness impact Ambition • Respect • Responsibility cooperation impact performance.

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performance.