



Home Economics Progression Pathway

#believeinbetter

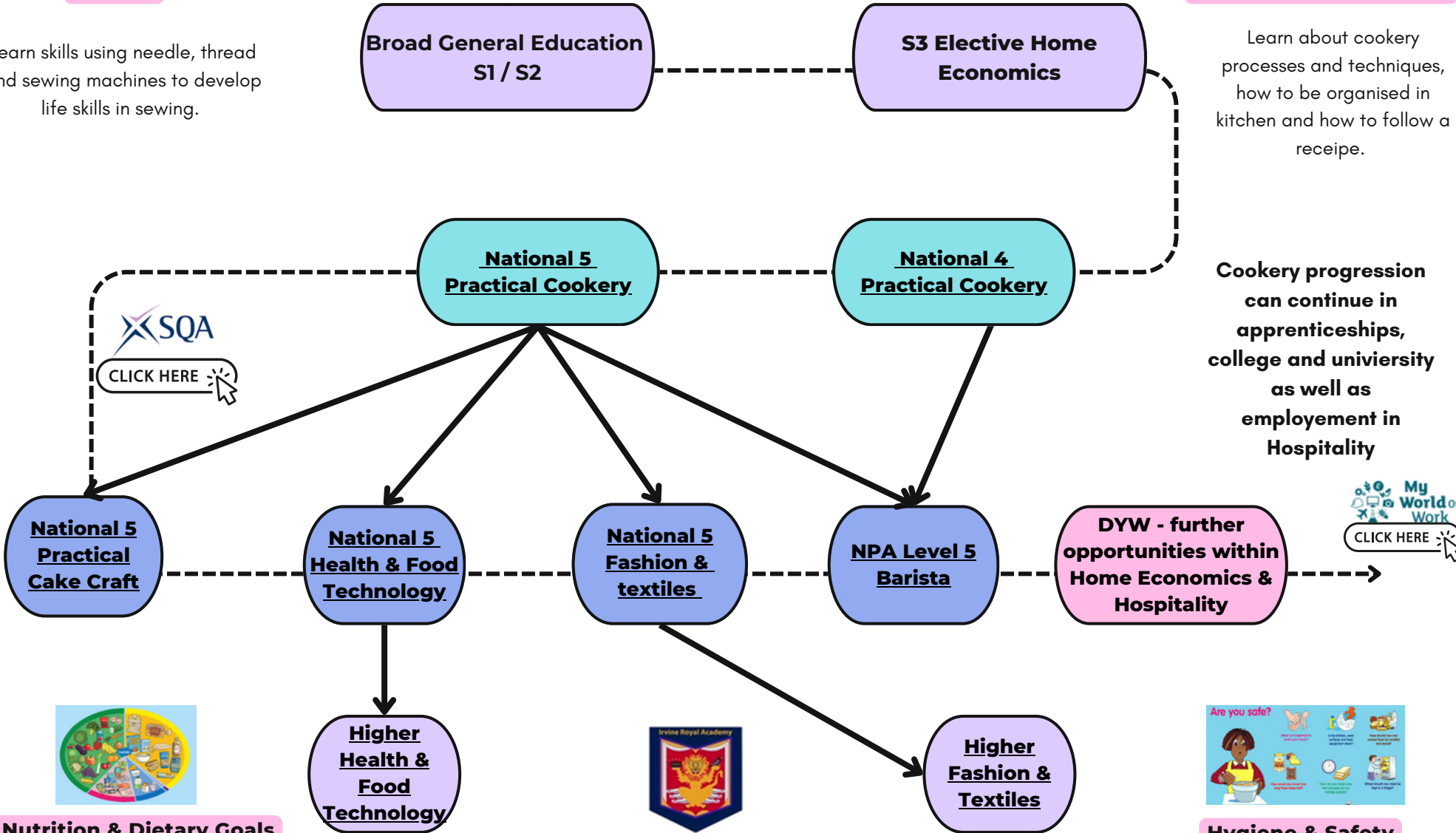


Textiles

Learn skills using needle, thread and sewing machines to develop life skills in sewing.

Practical Cookery Skills

Learn about cookery processes and techniques, how to be organised in kitchen and how to follow a recipe.



Cookery progression can continue in apprenticeships, college and university as well as employment in Hospitality



Nutrition & Dietary Goals

Learn about a balanced and healthy diet and how to make substitutions to improve your diet.



Hygiene & Safety

Learn about personal safety, kitchen and food hygiene and food safety.



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