



School of Rugby Progression Pathway

#believeinbetter



Skill & Tactic development

Develop individual skills such as passing, tackling and kicking along with specialist positional skills.

Game Understanding

Learn and understand how to follow the rules and demonstrate them within a game.



[CLICK HERE](#)

Primary 7 Rugby - 4 week block

S1 & S2 School of Rugby

National 4 PE with Rugby

S3 Elective School of Rugby



[CLICK HERE](#)



Progression can continue in a variety of different courses at further education after leaving school.



[CLICK HERE](#)

NPA Level 5 Team Games

National 5 PE with Rugby

Higher PE with Rugby

L6 Sports Leadership



Physical Fitness

Develop aspects of fitness such as strength, speed, agility and CRE.



IRVINE ROYAL ACADEMY
Ambition • Respect • Responsibility

[CLICK HERE](#)



Social/Emotional/Mental

Develop skills to work together as a team, manage emotions and make decisions.

@IrvineRoyalPE