School of Rugby BGE Progression Pathway #believeinbetter

Skill & Tactic development

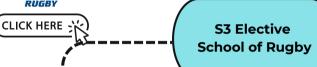
Develop individual skills such as passing, tackiling and kicking along with specialist positional skills.

S1 Curricular **Primary 7 Rugby -School of Rugby** 4 week block (2 times per week)

Game Understanding

Learn and understand how to follow the rules and demonstrate them within a game.





S2 Curricular School of Rugby (3 times per week)



NPA 4 **Team Games**

Nat 4 / 5 Sport & Recreation **Developing Player Programme** SCQF L4

Progress into Senior **Phase Rugby**



Physical Fitness

Develop aspects of fitness such as strength, speed, agility and CRE.



Ambition • Respect • Responsibility

CLICK HERE 🔆

Progression can continue in a variety of different courses at further education after leaving school.



Social/Emotional/Mental

Develop skills to work together as a team, manage emotions and make decisions.

