



School of Rugby BGE Progression Pathway

#believeinbetter



Skill & Tactic development

Develop individual skills such as passing, tackling and kicking along with specialist positional skills.



[CLICK HERE](#)



[CLICK HERE](#)

Primary 7 Rugby -
4 week block

S1 Curricular
School of Rugby
(2 times per week)

Game Understanding

Learn and understand how to follow the rules and demonstrate them within a game.

S3 Elective
School of Rugby

S2 Curricular
School of Rugby
(3 times per week)

BORDERS



COLLEGE

[CLICK HERE](#)



NPA 4
Team Games

Nat 4 / 5
Sport &
Recreation

Developing Player
Programme
SCQF L4

Progress into Senior
Phase Rugby →



Physical Fitness

Develop aspects of fitness such as strength, speed, agility and CRE.



IRVINE ROYAL ACADEMY
Ambition • Respect • Responsibility

[CLICK HERE](#)

Progression can continue in a variety of different courses at further education after leaving school.



Social/Emotional/Mental

Develop skills to work together as a team, manage emotions and make decisions.

@IrvineRoyalPE